

# WAVES (Working And Volunteering for Education at SAHS)

## Volunteer Sign Up Sheet

FILL OUT AND RETURN TO THE HIGH SCHOOL

Parent Name \_\_\_\_\_

Student Name(s) \_\_\_\_\_ Class \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Time of day available for  
volunteer activities \_\_\_\_\_

Days of week available for  
volunteer activities \_\_\_\_\_

Please list the activities in which you are interested in volunteering:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**\*These volunteer jobs will require completion of the "Protecting God's Children" workshop.**

**Lunch Helpers: (Most Needed)** Help serve school lunch. This takes about 10-15 minutes at lunch time.  
(approx. 11:45-12:00p.m. Mondays- Thursdays or 11:25-11:40 on Fridays)

**Hospitality:** Provide a helping hand at school events by providing or serving refreshments and acting as hosts/hostesses.

**Legislative:** Contact parents when legislation pertaining to Catholic education needs voter comments.

**Speaker Bureau:** Speak to individual classes about a specific topic, or speak to the entire school. See the schedule below.

**Field Trips:** Help transport students for the trip and possibly help as chaperone.

**Public Relations:** Work with the principal and development director to plan and implement activities to promote the school.

**Parent Education:** Work with the principal and Board of Education committee to provide informative workshops for parents.

**Chaperone:** Help chaperone various school functions as requested.

**Library Help:** Help out when librarian is unavailable.

<b>Thanksgiving Dinner</b>	Bake a turkey & bring it to school	( √ )	_____
	Bake a ham & bring it to school		_____
	Prepare dressing & bring it to school		_____
	Help serve dinner		_____

**SPEAKER BUREAU:**

Please indicate your preferences in the chart below:

Check all that apply:	Group:	Topic:	Length of talk (in minutes – circle)	Preferred time of day	Preferred month?
	Individual class		20 -- 30 -- 40 -- 45		
	Entire student body		15 -- 20 -- 30		
	Faculty/staff		20 -- 30 -- 40 -- 45		